



easywrap®

COMPRESSION MADE EASY





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INTRODUCTION

Haddenham easywrap is a UK patented compression wrap system for the treatment of lymphedema, chronic edema and various other swelling related conditions.

easywrap garments consist of overlapping, single-layer textile bands that are worn over a protective liner.

Its low profile design means that it can be worn comfortably under most everyday clothing and footwear...



...even jeans!

TWO COMPRESSION CLASSES

easywrap strong 30-40mmHg provides similar stretch to a traditional short-stretch bandage, with excellent static stiffness performance.

OR

easywrap light 20-30mmHg is a more stretchy fabric suitable for mild to moderate compression needs and palliative care.



The mechanically limited stretch of the bands gives them an easy to feel “lock-out” or “end stretch”, which makes the bands easy to apply at the correct tension.

COMPRESSION WRAP SYSTEM

easywrap lower limb is comprised of a three part garment system, designed to be used either individually or in combination.



WITH LINERS INCLUDED

Worn beneath the wrap system; liners form a barrier between the limb and the easywrap that absorbs sweat and traps odors, reducing the need to wash the easywrap. Liners are available in both A-g and A-d lengths.





LOW PROFILE DESIGN

easywrap's low profile design means that it can be worn comfortably under most everyday clothing & footwear.

PATENTED KNEE SECTION

An easy to apply three band system.
Included with easywrap **THIGH**.

Elliptical cut with spacer foam pad
increases comfort and mobility while
reducing pinching behind the knee



EASY TO APPLY

Easy-grab smart fasteners that only stick where they're supposed to.

Easy to feel "lock-out" or end-stretch makes them easy to apply at the correct tension so that you can be confident that you're getting the correct level of compression every time.

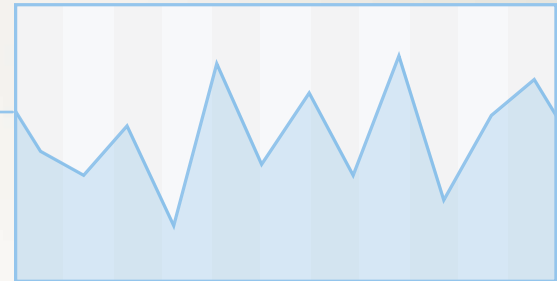
NO LOSS OF DEXTERITY

Also available for treatment of the upper limb, easywrap arm and hand garments suffer no loss of dexterity while maintaining compression.

easywrap® ARM and HAND worn with a Microfine® Glove

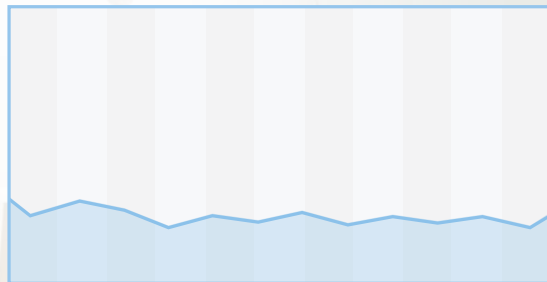
ENCOURAGES MOBILITY

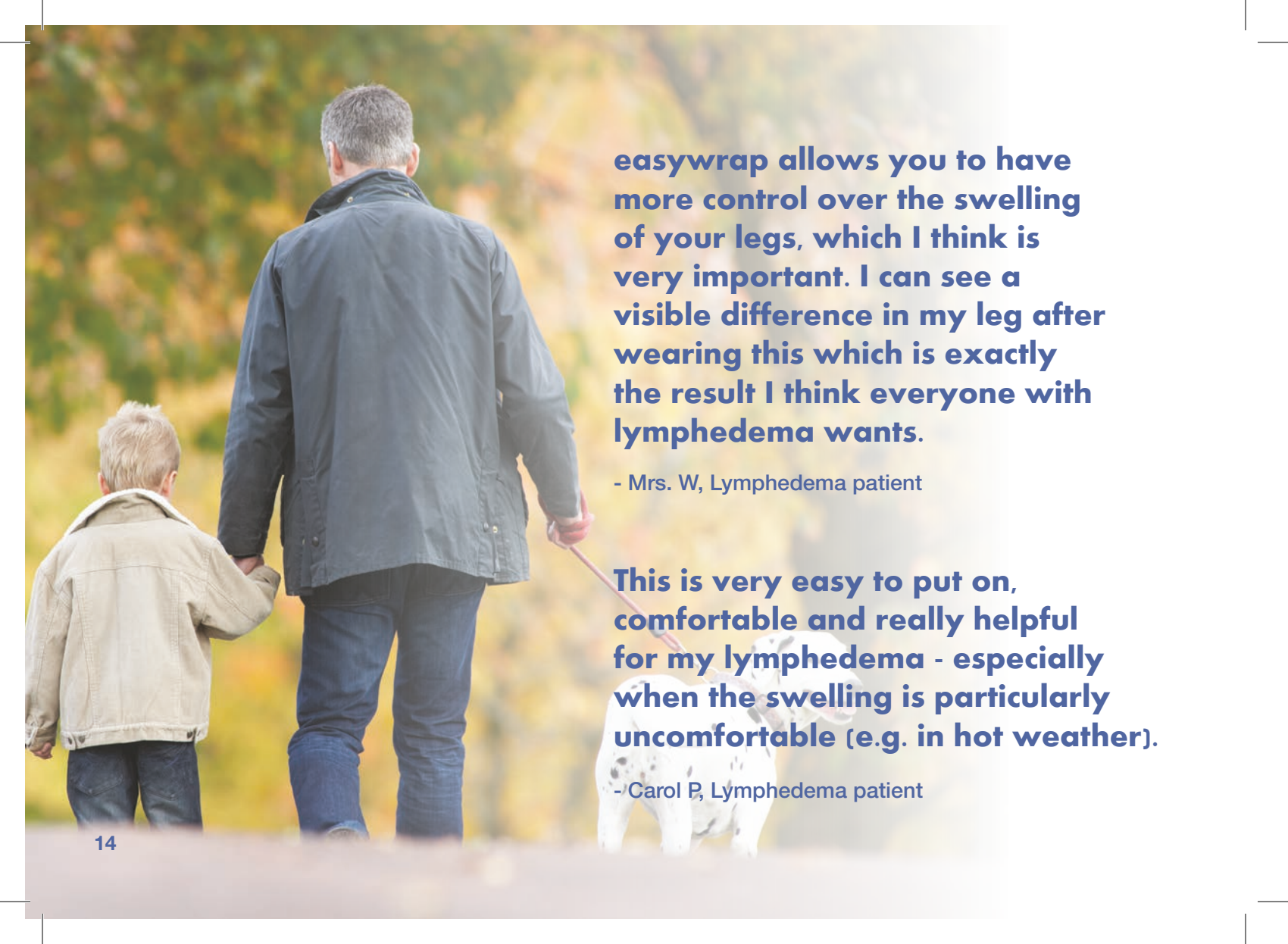
High working pressures mean that the more active you are, the better your lymphatic system will work to reduce edema.



MAINTAINS LIMB REDUCTION

...and when you're less active
easywrap's lower resting pressures
maintain limb reduction.





easywrap allows you to have more control over the swelling of your legs, which I think is very important. I can see a visible difference in my leg after wearing this which is exactly the result I think everyone with lymphedema wants.

- Mrs. W, Lymphedema patient

This is very easy to put on, comfortable and really helpful for my lymphedema - especially when the swelling is particularly uncomfortable (e.g. in hot weather).

- Carol P, Lymphedema patient

“Patients who have previously been non concordant with treatment, whether that be due to the psychosocial aspects of bandages or the inability to apply compression garments have all experienced and increase in quality of life when using easywrap.”

“Evidence suggested in the literature review and clinical case studies demonstrates that velcro compression wraps may be safer to apply than short stretch bandages.”

Download
clinical case
studies and article

www.easywrap.info

British Journal of
Community Nursing

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PRODUCT FOCUS



Figure 7. Mrs H. Ready to play tennis wearing her easywrap

of 507ml (11.5%). The only change to Mrs H's self-care regime had been switching from ad hoc wear of Juxta-Fit to more regular wear of easywrap, so that a direct comparison could be made.

Mrs H has stated:

'Overall I am very happy with easywrap, my top criteria in order of importance to me are: effective-

ness in reducing limb mobility, sizing, ease of putting on, ease of getting off. I am now confident in playing tennis (Figure 7) with light sports leggings over, and because I am exercising with compression, I feel it helps the lymphatic system in my affected leg. I am sure in the habit of wearing easywrap at every opportunity. After taking it off I will go out socially in short dresses as I feel my affected limb is not so noticeable. I feel it is much better than Juxta-Fit. Being able to play tennis and wearing for gardening means I was able to maintain compression, exercise and reduce any increase in volume.'

Case study 2: Mrs S

Mrs S started to notice her legs were bigger than others aged 11 years old.

'My doctors never knew what it was, I was prescribed slimming pills aged 18 years old but didn't like the side effects and my legs were changed.'

Mrs S was referred to the lymphoedema clinic and assessed when she was 26 years old, when she was prescribed compression tights. Her legs became bigger following pregnancy in 2008 and then again in 2010, during, by which time she wore maternity compression throughout. In 2011, Mrs S had a lymphoscintigraphy scan, which confirmed slight lymphoedema in the right leg but mostly lymphoedema occurred.

'In 2013-2014 I suffered with terrible depression and through cognitive behavioural therapy coun-

the bandages, they kept unwavelling and they were so big that I had to wear 'size 8 clogs', not a good look when you are a size 6 shoe.'

Mrs S found bandaging challenging in that they did not stay in place, so she decided to wrap them for easywrap.

'Wow... What a difference, I put on the first easywrap and they were so much more comfortable, stayed secure and I could wear normal footwear on top. I did believe this has had massive improvement to my swelling/recovery. I have worn the wraps daily for 6 weeks now and I still sleep in compression but I've gone back to wearing my Haddenham Vent compression. Hanne Klinik do advise that it will take up to 4 months for swelling to go down, but I think my legs look great already—only 6 weeks and 2 days after surgery! Now I feel completely amazing, I'm the happiest I've ever been in my life. I feel like a proper girl for the first time in my life. I love wearing dresses and skirts, my legs feel light and free. I'm happy wearing compression, I like the support it gives me and it's a bit like a comfort blanket. I continue to swim, attending local pools and do not feel conscious about people looking at my legs! My next aim is to join a netball team, as I have not worn a netball shirt since I was at school because I was so self-conscious of my legs, but now I can wear a skirt with pride and show off my stunning legs I've always dreamed of.'



Figure 9. Mrs W wearing easywrap

my lymphoedema by bandaging my leg for me regularly and massages my leg, hips, stomach and back every day.'

During 2016, Mrs W attended LymphVision for mapping, which confirmed distal re-routing and backflow in the affected leg. It also confirmed that lymph was draining into the labia.

'I had always had a feeling something wasn't

COST EFFECTIVE AND TIME SAVING

78 Hours
Nursing Time

7 Hours
Nursing Time



Pre-Treatment



After 4 Weeks



After 8 Weeks

“This wound had compression therapy applied solely by using Easywrap; within 1 month, the wounds had epithelialised, and within 6 weeks, they had healed completely.”

- British Journal of Community Nursing, April 2019 Vol 24, No 4, Chronic Oedema 2019

Cost and time comparison based over 6 months, treating bilateral legs and does not include travel time, primary wound dressings or mileage expenses. Cost comparisons based on those used in: [https://hadhealth.com/assets/articles/BJCN_24\(4\)_Haddenham_PF_web.pdf](https://hadhealth.com/assets/articles/BJCN_24(4)_Haddenham_PF_web.pdf)
Figures accurate as of 2019.



LEG

Circumference cm

XS

S

M

L

XL

C WIDEST POINT OF CALF

38-45

44-52

50-60

55-65

60-70

b ANKLE

23-27

28-32

33-38

39-44

45-52

Length cm

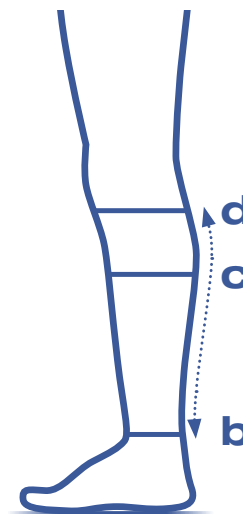
REGULAR

TALL

b-d ANKLE TO BELOW KNEE

30-34

34-38



light

20-30 mmHg

REGULAR

TALL

| | | |
|----|---------|---------|
| XS | EL-LR1 | EL-LT1 |
| S | EL-LR2 | EL-LT2 |
| M | EL-LR3 | EL-LT3 |
| L | EL-LR4 | EL-LT4 |
| XL | EL-LR5 | EL-LT5 |
| XS | ELB-LR1 | ELB-LT1 |
| S | ELB-LR2 | ELB-LT2 |
| M | ELB-LR3 | ELB-LT3 |
| L | ELB-LR4 | ELB-LT4 |
| XL | ELB-LR5 | ELB-LT5 |

strong

30-40 mmHg

REGULAR

TALL

| | |
|---------|---------|
| ES-LR1 | ES-LT1 |
| ES-LR2 | ES-LT2 |
| ES-LR3 | ES-LT3 |
| ES-LR4 | ES-LT4 |
| ES-LR5 | ES-LT5 |
| ESB-LR1 | ESB-LT1 |
| ESB-LR2 | ESB-LT2 |
| ESB-LR3 | ESB-LT3 |
| ESB-LR4 | ESB-LT4 |
| ESB-LR5 | ESB-LT5 |



FOOT

Circumference cm

XS

S

M

L

XL

a¹ MID-FOOT

22-24

25-27

28-30

31-34

35-40

Length cm

a-heel

REGULAR

14.5-16.5

16-18

17.5-19.5

19-21

21-23

LONG

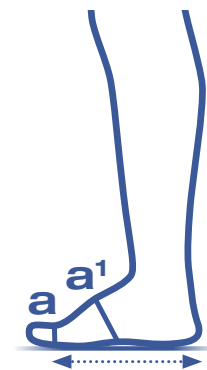
16.5-18.5

18-20

19.5-21.5

21-23

23-25



light

20-30 mmHg

REGULAR

LONG

| | | |
|----|---------|---------|
| XS | EL-FR1 | EL-FL1 |
| S | EL-FR2 | EL-FL2 |
| M | EL-FR3 | EL-FL3 |
| L | EL-FR4 | EL-FL4 |
| XL | EL-FR5 | EL-FL5 |
| XS | ELB-FR1 | ELB-FL1 |
| S | ELB-FR2 | ELB-FL2 |
| M | ELB-FR3 | ELB-FL3 |
| L | ELB-FR4 | ELB-FL4 |
| XL | ELB-FR5 | ELB-FL5 |

strong

30-40 mmHg

REGULAR

LONG

| | |
|---------|---------|
| ES-FR1 | ES-FL1 |
| ES-FR2 | ES-FL2 |
| ES-FR3 | ES-FL3 |
| ES-FR4 | ES-FL4 |
| ES-FR5 | ES-FL5 |
| ESB-FR1 | ESB-FL1 |
| ESB-FR2 | ESB-FL2 |
| ESB-FR3 | ESB-FL3 |
| ESB-FR4 | ESB-FL4 |
| ESB-FR5 | ESB-FL5 |



THIGH WITH KNEE

Circumference cm

XS

S

M

L

XL

g JUST BELOW GROIN

60-70

65-75

70-80

75-90

85-100

e¹ BOTTOM OF THE THIGH

47-52

53-59

60-66

67-73

74-80

Length cm

SHORT

REGULAR

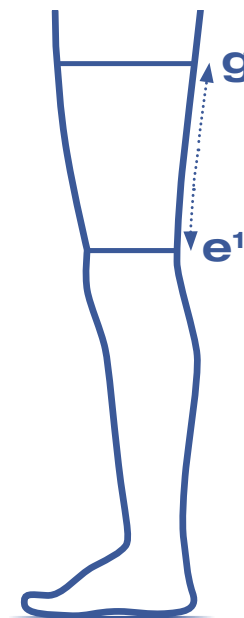
TALL

e¹-g THIGH TO GROIN

16-20

20-24

25-30



light

20-30 mmHg

| | SHORT | REGULAR | TALL |
|----|---------|---------|---------|
| XS | EL-TS1 | EL-TR1 | EL-TT1 |
| S | EL-TS2 | EL-TR2 | EL-TT2 |
| M | EL-TS3 | EL-TR3 | EL-TT3 |
| L | EL-TS4 | EL-TR4 | EL-TT4 |
| XL | EL-TS5 | EL-TR5 | EL-TT5 |
| XS | ELB-TS1 | ELB-TR1 | ELB-TT1 |
| S | ELB-TS2 | ELB-TR2 | ELB-TT2 |
| M | ELB-TS3 | ELB-TR3 | ELB-TT3 |
| L | ELB-TS4 | ELB-TR4 | ELB-TT4 |
| XL | ELB-TS5 | ELB-TR5 | ELB-TT5 |

strong

30-40 mmHg

| | SHORT | REGULAR | TALL |
|---------|---------|---------|------|
| ES-TS1 | ES-TR1 | ES-TT1 | |
| ES-TS2 | ES-TR2 | ES-TT2 | |
| ES-TS3 | ES-TR3 | ES-TT3 | |
| ES-TS4 | ES-TR4 | ES-TT4 | |
| ES-TS5 | ES-TR5 | ES-TT5 | |
| ESB-TS1 | ESB-TR1 | ESB-TT1 | |
| ESB-TS2 | ESB-TR2 | ESB-TT2 | |
| ESB-TS3 | ESB-TR3 | ESB-TT3 | |
| ESB-TS4 | ESB-TR4 | ESB-TT4 | |
| ESB-TS5 | ESB-TR5 | ESB-TT5 | |



A-d LINERS

Suitable for use with easywrap foot and leg garments. Please select the appropriate size for your easywrap garments.

COLOR

XS / S / M

L / XL



SAND

E-L-AD

E-L-ADW



BLACK

EB-L-AD

EB-L-ADW



A-g LINERS

Suitable for use with easywrap foot, leg and thigh garments. Please select the appropriate size for your easywrap garments.

COLOR

XS / S / M

L / XL



SAND

E-L-AG

E-L-AGW



BLACK

EB-L-AG

EB-L-AGW



ARM

Circumference cm

S

M

L

XL

g AXILLA

22-31

29-39

32-45

36-50

e ELBOW CREASE

20-27

25-34

30-40

32-43

c WRIST CREASE

14-18

16-21

19-25

19-25

Length cm

SHORT

REGULAR

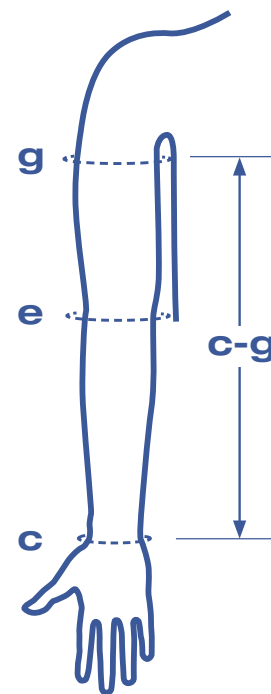
LONG

c-g AXILLA TO WRIST

40-44

44-48

48-52



left

20-30 mmHg

| | SHORT | REGULAR | LONG |
|----|----------|----------|----------|
| S | EL-AS2L | EL-AR2L | EL-AL2L |
| M | EL-AS3L | EL-AR3L | EL-AL3L |
| L | EL-AS4L | EL-AR4L | EL-AL4L |
| XL | EL-AS5L | EL-AR5L | EL-AL5L |
| S | ELB-AS2L | ELB-AR2L | ELB-AL2L |
| M | ELB-AS3L | ELB-AR3L | ELB-AL3L |
| L | ELB-AS4L | ELB-AR4L | ELB-AL4L |
| XL | ELB-AS5L | ELB-AR5L | ELB-AL5L |

right

20-30 mmHg

| | SHORT | REGULAR | LONG |
|----------|----------|----------|------|
| EL-AS2R | EL-AR2R | EL-AL2R | |
| EL-AS3R | EL-AR3R | EL-AL3R | |
| EL-AS4R | EL-AR4R | EL-AL4R | |
| EL-AS5R | EL-AR5R | EL-AL5R | |
| ELB-AS2R | ELB-AR2R | ELB-AL2R | |
| ELB-AS3R | ELB-AR3R | ELB-AL3R | |
| ELB-AS4R | ELB-AR4R | ELB-AL4R | |
| ELB-AS5R | ELB-AR5R | ELB-AL5R | |



HAND

Circumference cm

XS

S

M

L

b PALM AT FOLD OF THUMB

<19

19-21

21-23

>24

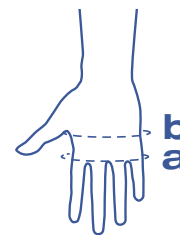
a PALM AT BASE OF FINGERS

<18

18-20

20-22

>22



left

20-30 mmHg

REGULAR

| | |
|----|---------|
| XS | EL-HL1 |
| S | EL-HL2 |
| M | EL-HL3 |
| L | EL-HL4 |
| XS | ELB-HL1 |
| S | ELB-HL2 |
| M | ELB-HL3 |
| L | ELB-HL4 |

right

20-30 mmHg

REGULAR

| |
|---------|
| EL-HR1 |
| EL-HR2 |
| EL-HR3 |
| EL-HR4 |
| ELB-HR1 |
| ELB-HR2 |
| ELB-HR3 |
| ELB-HR4 |







EWBUS-002 ver.05

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